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Happiness is

Wyatt Sawyer

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HARDING
UNIVERSITY

HAPPINESS IS.....

INT:

Our world: 4 Billion people. How many God intend to be happy? All. 4 Bil. His childr
 Many discouraged: Why? John 10:10. I C. 12:31.
Ill. Dr. Maxwell Maltz in "Five Minutes to Happiness" defines happiness: "Happiness is a state of mind or habit where we have pleasant thoughts the greater part of the time. It is a built-in mechanism within us."

Problem: Some seem to have everything and are not happy. Some have little and are happy. Why?

Ill. Maxwell: "To understand this better it might be well to realize that we also have a built-in WORRY-MECHANISM. These are not two separate entities like two ears on the face, but they are INTERLOCKING processes that work daily in our lives. ...We can control both mechanisms. We can make a HABIT of worrying or of being happy." II Tim. 2:15. Be happy!

Ill. Anon. writer: "Happiness & Trouble stand at everyone's door. The decision as to which one is INVITED in is up to YOU."

LESSON: God's teaching that everyone can be happy, if he makes up his mind to do so!!!

Ill. 8 times Jesus says "Happy are they who ARE something and DO certain things. Possibilities. Beautitudes. Matt. 5.

I. HAPPINESS is MORE THAN MATERIAL THINGS!!! SPR.!

- A. Wealth, power, knowledge, fame do not bring happiness in themselves. I Cor. 13:3.
 B. Solomon proved this: Ecc. 2:1-11!
 Selfishly tried: Wine, wisdom, works, vineyards, gardens, orchards, slaves & servants, gold & gems, power and possessions and WITHOUT GOD, all vanity & vexation.
 C. Secret must be: Happiness is using God's gifts to me for the happiness of others!!!

II. HAPPINESS is the ENJOYMENT OF SIMPLE THINGS.

- A. Admiring God's sunrise, sunset, a boy and his dog. Ill. Happy 4 year old with old "Tag" outside Hillsboro. He loved me! I loved him. He understood me. Listened to me. We walked the fields together. Slept together.
 also: a stroll with wife or children.
 a visit with grandchildren, Grandparents.
 sitting in yard in cool of eve. with neighbors.
 etc. Things money cannot buy. Soul-satisfying

MT 6-2-74 AM 10 *Donald Skipper

III. HAPPINESS is DOING A WORTHWHILE WORK WELL.

A. * Gal. 6:7-10. *Baton Rouge says*

Investing our lives in something! Spr.!

Caution about letting weariness decrease
our worthwhile service. Rest & pray!

B. III. Life like the building of St. Paul's
Cathedral in London. Sir. Christopher
Wren, architect, once asked three men

on the job, "What are you doing?" 3 replies

1. I am Laying stones. dull job.

2. I am Earning a living. drudgery.

3. "I am building a house of worship to
all 3! my God!" Purposeful. Never wearied.

IV. HAPPINESS is PUTTING OTHERS BEFORE SELF.

A. Scriptures: ~~Gal. 6:7-10~~ *Rom. 12:10.

*Phil. 2:2-5. ~~Gal. 6:7-10~~

Could III. Sardis Dam (Miss.) Caught a 28 lb.
have used catfish by HAND! Highway 51 cafe offered
\$15.00. me \$15.00 for it. Insisted! COULDN'T.
Getting Gave it in filets to my brethren.
married!!! Enjoyed the fish then. Still enjoying now!

INV. HAPPINESS IS PUTTING GOD FIRST IN OUR LIVES.

1. Man is a Spiritual being as well as Phy. *Gen. 2:7.*

2. Man must care for his Soul as well as his body *mat. 16:26.*

3. Happiness is, First: Peace with God.

John 14:27. Rom. 5:1. *I John 5:3.*

4. Happiness is, second: Having enough and
sharing with others. Matt. 6:33. Eph. 4:28.

YOU HAPPY TODAY: ???

At peace with God? Acts 8:39 "Rejoicing" BRCB.

In sin, out of duty? Come back & be happy!

acts 8:22.
Happier when IDENTIFIED and ACTIVE!!!

Amarillo 10-10-74 AM